

# ADYASHANTI®

San Francisco Bay Area  
Local Events  
2015

**Events with Adyashanti** are a time of deep silence and intimate investigation into the nature of spiritual awakening and living an awakened life. Bring your innermost questions or simply come and immerse yourself in the silence and presence of eternal truth.

## Satsangs

Each satsang begins with a period of silence, followed by a talk, and then dialogues with the audience. Doors open 20 minutes prior to satsang for silent sitting. Contribution per satsang is \$10, paid at the door. Due to occasional schedule changes, visit [www.adyashanti.org](http://www.adyashanti.org) for updates.

### North Bay

**Time:** Saturdays, 4–6pm  
Doors open at 3:40pm. Please arrive on time.

**Dates:** April 11

**Location:** San Rafael Community Center  
618 B St., San Rafael

### East Bay

**Time:** Saturdays, 11am–1pm  
Doors open at 10:40am. Please arrive on time.

**Dates:** January 17, May 2, October 10

**Location:** Lake Merritt United Methodist Church  
1330 Lakeshore Ave., Oakland

### Peninsula

**Time:** Sundays, 4–6pm  
Doors open at 3:40pm. Please arrive on time.

**Dates:** March 15, June 7, September 27

**Location:** Unity Palo Alto Community Church  
3391 Middlefield Rd., Palo Alto

### Santa Cruz Area

**Time:** Saturdays, 4–6pm  
Doors open at 3:40pm. Please arrive on time.

**Dates:** February 28, November 21

**Location:** PEACE United Church of Christ  
(same location, new name!)  
900 High St., Santa Cruz

## Special Events

### Living Dharma

Hosted by Spirit Rock Meditation Center  
Woodacre, CA ~ November 7, 2015

“The Dharma, or truth, is not limited to a moment of realization. It is a living thing that seeks to be expressed in the daily living of our lives. Whether awakened or not, we each have our own wisdom—the deepest thing we currently know—which lies at the cutting edge of our current state of consciousness.” ~Adyashanti

Register at [www.spiritrock.org](http://www.spiritrock.org) after July 2015.



### Christmas Intensive

Hosted by Open Gate Sangha  
Palo Alto, CA ~ December 19, 2015

Adyashanti's annual Christmas Intensive provides a space where we can honor the truth as it manifests through Christ. This day of community will include silent meditation, talks by Adyashanti, special musical offerings, and singing.

Please bring canned or nonperishable foods with you to benefit local families in need.

Register at [www.adyashanti.org](http://www.adyashanti.org)

**Adyashanti**, author of *The Way of Liberation*, *Resurrecting Jesus*, *Falling into Grace*, *The End of Your World*, and *The Impact of Awakening*, is an American-born spiritual teacher devoted to serving the awakening of all beings. His teachings are an open invitation to stop, inquire, and recognize what is true and liberating at the core of all existence.

