

ADYASHANTI®



2015 Retreats
with Adyashanti and Mukti

2015 SILENT RETREATS

* Register through Open Gate Sangha

For your best chance of getting into a retreat with this symbol *, submit your preregistration by October 31, 2014. See p. 21 for details.

◆ Register through Host Site

Retreats with this symbol ◆ are registered through the host site—first-come, first-served.

US Retreats Preregistration Deadline:
October 31, 2014

Europe Retreats Preregistration Deadline:
January 15–February 15, 2015

* **Feb. 8–13 (5 nights)** page 10
Mount Madonna Center
Watsonville, CA

* **Apr. 17–24 (7 nights)** page 11
Garrison Institute
Garrison, NY

* **May 15–22 (7 nights)** page 12
Granlibakken Conference Center
Tahoe City, CA

* **Aug. 9–14 (5 nights)** page 13
Woudschoten Conference Center
Zeist, The Netherlands

* **Aug. 16–21 (5 nights)** page 14
Woldingham School
Woldingham, Surrey, UK

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Rhinebeck, NY

* **Oct. 18–23 (5 nights)** page 16
Granlibakken Conference Center
Tahoe City, CA

* **Dec. 4–11 (7 nights)** page 17
Asilomar Conference Center
Pacific Grove, CA

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Acknowledgments – Editor: Maja Apolonia Rodé. Associate Editor: Julie Donovan. Graphic Designer: Susan Kurtz.

Photography Courtesies – Cover background image: © Big-StockPhoto. Other cover images are credited on interior pages. BigStockPhoto: pages 3, 4, 5, 8, 9, 17 (bottom), 23. Maja Apolonia Rodé: pages 6, 11 (top), 15 (top and bottom), 20–21 (bottom). Bill Foster: pages 7, 24 (left). Monique Martineau: pages 10 (top and bottom), 18. Terese Gray: pages 11 (bottom), 12 (top and bottom), 14 (top and bottom), 16 (top and bottom), 20 (top). Mukti: page 17 (top). Peter Casell, page 13 (top and bottom). Susan Kurtz: page 19. Adyashanti: page 23 (inset).

“True Meditation” on page 8: © 2011 by Adyashanti.

RETREAT TEACHINGS

“ This then is retreat, to remain faithful to the work of our yearning and unite with the long-held aspirations of our heart. ”

A close-up, low-angle view of a bright, glowing celestial body, likely the sun, with a dark, textured surface in the foreground. The sun is positioned in the upper left, casting a strong, golden light across the scene. The foreground surface is dark and appears to be covered in fine, intricate patterns, possibly representing a planetary or lunar surface. The overall color palette is dominated by warm, golden-yellow and orange tones, creating a sense of depth and mystery.

*Allow the great unknown
dimensions of life to find you.*

~ Adyashanti

TWO WORLDS, ONE REALITY

BY ADYASHANTI

We live in two worlds. One is the relative world of light, that pinprick of the known terrain of our daily life that is defined by our assumptions and beliefs and illumined by the light of consciousness. The other is the absolute world of the unknown darkness of eternity, which contains the vast hidden symmetries of existence and sustains the greater contingencies of our life. These two worlds are simply a means of expression. There is in reality only one world, one reality which pervades

all dimensions of existence and of human experience. And yet there is some truth to saying that we live in two worlds: the relative and the absolute, the known and the unknown, one of time and the other of eternity. Our human experience does not lend itself to absolute statements, for it is too fluid and inclusive to be limited to catch-phrases which satisfy the mind but fall short of describing the paradoxical nature of reality.

All revelation is born in the dark, when you let go of clutching onto the certainty of what you know and open your eyes like a newborn, as if for the very first time, surprised to find that the world you had imagined to be real was nothing more than a dream you had fabricated, one false assumption after another. By stepping into the long-ignored silence of our aloneness, and directing the light of our consciousness beyond the current frontier of our knowing, we allow the great unknown dimensions of life to find us, and remain faithful to the work of our yearning.



This then is retreat, to remain faithful to the work of our yearning and unite with the long-held aspirations of our heart. We are not retreating from anything other than our avoidance of giving all of ourselves to what is finally true, real, and vital. We must always remember that any world, inner or outer, which we have constructed that does not breathe of freedom is too small for our belonging. We must continually stretch out beyond the confines of any viewpoint which limits us, so that the infinite expanse of reality can find us.

Amidst all of the complications and distractions of modern life, we are entrusted to remember that we are here for two fundamental reasons: to awaken to our intrinsic divinity, and to love in such a way that our presence here redeems the sorrows of life. ▀

ABOUT RETREAT

“Retreat is for those who desire to deeply realize the truth of their being and the essence of existence. Retreat offers time to step back from the course of daily life and enter into the Unknown, in an environment that provides both structure and support.”



▮ The Retreat Container

A powerful retreat container supports a deep and transformational unfolding into truth. Participants create and nurture this container by observing silence and giving themselves to the schedule and structure of the retreat. Retreats are held in silence, except for our time together in satsang.

Retreatants are asked to come to the retreat prepared to be fully present, with loose ends tied up at work and at home, completing all business before retreat and making arrangements with loved ones to help maintain the silence. This shared depth of intention allows an undistracted experience of surrender that is not often possible in daily life.

▮ The Schedule

The schedule offered at Adyashanti's retreats uniquely reflects his sense and experience of what best supports awakening. The deep silence of meditation coupled with the focused inquiry of satsang are the ground and seed from which awakening flowers.

Because the schedule is a vital part of the retreat container, if you cannot arrive on time and plan to stay through the end, Adyashanti requests that you not attend the retreat. This shared commitment supports the group as a whole to experience the depth of retreat.

Day 1: After late afternoon check-in, there will be a dinner break followed by a retreat orientation and a talk by Adyashanti.

Daily Activities: Each full day of retreat begins at 7:30 AM and ends by 10:00 PM. Most days include several periods of silent sitting, a guided meditation, 2 sessions with Adyashanti (talks and/or dialogues), and 3 meal breaks.

Last Day: The retreat officially ends just before lunch. (Lunch is provided but attendance is optional.)

If you have medical or psychological pre-existing conditions, you may wish to consult with your doctor or mental health professional before participating in a silent meditation retreat to ensure that the intensity and length of this event are right for you.



▮ Silence and Inquiry

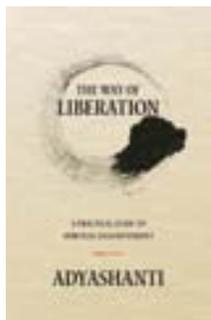
Silence is the container of retreat to which all participants dedicate themselves, for it is in inner silence that deep realization spontaneously blooms.

Retreat is also a time of one-pointed inquiry, a commitment to questioning our most cherished ideas and beliefs. During satsang, I encourage all participants to fearlessly inquire down to the very root of self and the illusion of separation so that the light of awakening can penetrate throughout the whole of one's being.

The entire structure of these retreats is something I've developed over the years to both support the flowering of realization as well as challenge the various ways that we hold on and resist letting go into the truth. Whether you feel drawn to attend retreat or not, I encourage you to enter into the spirit of retreat, into a wholehearted commitment to eternal truth here and now.

► Preparing for Retreat

Adyashanti encourages everyone coming on retreat to read *The Way of Liberation* before retreat begins. This small book contains a very concise description of how to apply his core teachings and will be a very useful guide to applying the teachings during the retreat. The form and schedule of each retreat is an embodiment of the teachings contained within *The Way of Liberation*, so having a basic understanding of The Way will be profoundly helpful in making your retreat experience as deep and as liberating as possible.



Download the complete book for free at www.adyashanti.org/WayofLiberation.

► Retreat Recordings

Downloads

For those who wish to explore the depths of retreat teachings at home or are unable to attend a retreat in person, audio recordings of Adyashanti's retreats are made available to the public about two months after each retreat.

These MP3 download sets include talks and dialogues recorded live on retreat. Each set explores numerous topics unique to the retreat in which it was recorded.

To find current and past retreat recordings, go to the Audio Library at www.adyashanti.org/cafedharma and search for "retreat."

Guided Meditations

Guided meditations are available to download about one month after each retreat. Visit the Audio Library at www.adyashanti.org/cafedharma and search for "meditations" to find the complete selection.

True Meditation

*True meditation has no direction or goal.
It is pure wordless surrender,
pure silent prayer.*

*All methods aiming at
achieving a certain state of mind are limited,
impermanent, and conditioned.
Fascination with states leads only to
bondage and dependency.
True meditation is abidance as
primordial awareness.*

*As you gently relax into awareness,
into listening,
the mind's compulsive contraction
around objects will fade.
Silence of being will come
more clearly into consciousness
as a welcoming to rest and abide.
An attitude of open receptivity,
free of any goal or anticipation,
will facilitate the presence
of silence and stillness
to be revealed as your natural condition.*

*As you rest into stillness more profoundly,
awareness becomes free
of the mind's compulsive control,
contractions, and identifications.
Awareness naturally returns
to its non-state of absolute unmanifest potential,
the silent abyss beyond all knowing.*

~ Adyashanti



RETREATS IN 2015

“By stepping into the long-ignored silence of our aloneness, and directing the light of our consciousness beyond the current frontier of our knowing, we allow the great unknown dimensions of life to find us, and remain faithful to the work of our yearning.”





Mount Madonna Center ~ Watsonville, CA

February 8–13, 2015

5-Night Retreat in the Santa Cruz Mountains

Overlooking the Monterey Bay in California, Mount Madonna Center offers a peaceful mountain setting with 355 acres of redwood forest and grassland.

► Accommodations

The accommodations at Mount Madonna vary from rustic to modern, mostly with shared baths. Buildings are wheelchair-accessible; please mention special needs to the Mount Madonna Center staff when reserving your housing.

► Meals

The cost includes three vegetarian meals per day, starting with dinner on the first day and ending with lunch on the last day. Gluten-free and non-dairy options are available at each meal. Tea and fruit are available at all times. Special allergy or medical diets should be discussed with Mount Madonna Center staff when you reserve your housing. Mount Madonna requests that you do not bring food.



► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$375 per person.

Housing Fee, per person, payable to Mount Madonna Center:

Your Own Van or Tent	\$370
Economy Dorm (8 or more people).....	\$465
Dorm (4–7 people).....	\$515
Triple	\$560
Double	\$635
Double w/bath (limited)	\$685

There is no “commuter” option. Tent campers be forewarned: there may be heavy rains during retreats in October through March. *Housing costs and availability of housing types are not guaranteed.*

► Mount Madonna Center Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**

www.mountmadonna.org



Garrison Institute ~ Garrison, NY

April 17–24, 2015

7-Night Retreat in the Hudson Highlands

Surrounded by tranquil forest and meadows, Garrison Institute is located on 95 scenic acres of land overlooking the Hudson River, just an hour north of New York City.

Accommodations

This renovated former monastery has comfortable rooms with shared bathrooms on each floor. A very limited number of rooms are wheelchair accessible; please mention special needs to the Garrison staff when you reserve your housing.

Meals

The cost includes three vegetarian meals per day, starting with dinner on the first day and ending with lunch on the last day. Tea and coffee are available at all times. Garrison Institute has a limited capacity for people with special dietary needs; please contact Garrison for more information.

Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$550 per person.

Housing Fee, per person, payable to Garrison:

- Triple/Quads** (limited)\$455–\$525
- Doubles**.....\$595–\$665
- Singles** (limited)\$700–\$770

There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

Garrison Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing no later than 30 days prior to the retreat.

- Cancel before the retreat start date:
\$60 cancellation fee
- Cancel on or after the retreat start date:

No refund of housing fee



www.garrisoninstitute.org



Granlibakken Conference Center ~ Tahoe City, CA

May 15–22, 2015

7-Night Retreat at Lake Tahoe

Nestled among the pine trees on 74 secluded acres above Lake Tahoe in Northern California, Granlibakken Conference Center offers tranquil and peaceful surroundings.

► Accommodations

Lodging options include single and double rooms, studios, suites, and town houses, each with a private bath and shared living area. Dorm rooms with bunk beds and shared bath are also available. Please mention any physical limitations or special needs to the Granlibakken staff when reserving your housing.

► Meals

The cost includes three meals per day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and dairy-free options are available. Special allergy or medical diets should be discussed with Granlibakken staff when you reserve your housing.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$525 per person.

Housing Fee, per person, payable to Granlibakken:

Dorm/Bunk Room (4–12 people)	\$664
Pavilion Bunk Room (3–8 people).....	\$748
Doubles	\$899–\$1,025
Singles	\$1,176–\$1,428

There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Granlibakken Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing at Granlibakken with a deposit of \$100. Full housing payment is due 30 days prior to the start of the retreat.

- Cancel 31 days or more before the retreat: \$20 cancellation fee
- Cancel 30 days or less before the retreat: \$100 cancellation fee
- Cancel on or after the retreat start date: Two nights’ lodging charged



www.granlibakken.com



Woudschoten Conference Center ~ Zeist, The Netherlands

August 9–14, 2015

5-Night Retreat in The Netherlands

Preregistration
will be open
January 15–February 15, 2015
(See p. 21 for Details)

Woudschoten Conference Center is centrally located on a wooded peaceful estate of 45 acres and is less than one hour from Amsterdam.

► Accommodations

The single and double rooms at Woudschoten are comfortable, and each includes a private bathroom. The center is wheelchair-accessible; please mention special needs when you reserve your housing.

► Meals

The cost includes three meals per day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and non-dairy options will be available. Tea, coffee, and fruit will be available all day. Allergy or medical diets should be mentioned when you reserve your housing.



www.woudschoten.nl

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$480 (USD) per person.

Housing Fee, per person, payable to Open Gate Sangha:

Double.....\$695 USD
Single (limited).....\$695 USD

Event and housing fees include 20% VAT (tax). There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Housing Cancellation Policy for Woudschoten Retreat

After you are confirmed in the retreat, you must reserve your housing through Open Gate Sangha no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**



Woldingham School ~ Woldingham, Surrey, UK

August 16–21, 2015 5-Night Retreat in England

Preregistration
will be open
January 15–February 15, 2015
(See p. 21 for Details)

Nestled in 700 acres of English countryside, the Woldingham School offers a restful and serene setting just 30 minutes south of London.

► Accommodations

The accommodations at Woldingham vary from single en-suite rooms to multi-bed dorms with shared baths. Most buildings are wheelchair-accessible; please mention special needs when reserving your housing. For more information about accommodations, email ukretreats@adyashanti.org.

► Meals

The cost includes three meals per day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and non-dairy options are available at each meal. Tea and coffee are available at all times. Special allergy or medical diets should be mentioned when you reserve your housing.



► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$660 USD

Housing Fee, per person, payable to Open Gate Sangha.

Dorm (2–8)	\$395 USD
Single	\$475 USD
Single w/bath	\$515 USD

Event and housing fees include 20% VAT (tax). There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Housing Cancellation Policy for Woldingham Retreat

After you are confirmed in the retreat, you must reserve your housing through Open Gate Sangha no later than 30 days prior to the retreat.

- Cancel 31 days or more before the retreat: \$50 cancellation fee
- Cancel 30 days or less before the retreat: **No refund of housing fee**



Omega Institute ~ Rhinebeck, NY

September 11–18, 2015

Special 7-Night Retreat Hosted by Omega Institute

OMEGA

► Register through Omega Institute starting December 2014

Omega Institute, located two hours north of New York City, is sponsoring a 7-night silent retreat with Adyashanti. The structure and daily schedule of this retreat will be just like Adyashanti's Open Gate Sangha retreats, where participants share in a deep commitment to the container of silence.



www.eomega.org

► Cost

Omega 7-Night Tuition: \$550

Omega 7-Night Accommodations: Estimated cost from \$553 for camping to \$1,778 for a single.

Accommodation pricing is estimated at the time of this printing and is subject to change. Check www.eomega.org in December 2014 to verify pricing.

► To Register

All registration and housing arrangements will be handled by Omega Institute. Registration is not available through Open Gate Sangha.

Omega Institute will be accepting registrations online or by phone on a first-come, first-served basis starting in December 2014. Call (800) 944-1001 within the US, or (845) 266-4444 outside the US. For more information or to register, visit www.eomega.org. A limited number of scholarships are available for this event; apply through Omega.



Granlibakken Conference Center ~ Tahoe City, CA

October 18–23, 2015

5-Night Retreat at Lake Tahoe

Nestled among the pine trees on 74 secluded acres above Lake Tahoe in Northern California, Granlibakken Conference Center offers tranquil and peaceful surroundings.

► Accommodations

Lodging options include single and double rooms, studios, suites, and town houses, each with a private bath and shared living area. Dorm rooms with bunk beds and shared bath are also available. Please mention any physical limitations or special needs to the Granlibakken staff when reserving your housing.

► Meals

The cost includes three meals per day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and dairy-free options are available. Special allergy or medical diets should be discussed with Granlibakken staff when you reserve your housing.

► Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$375 per person.

Housing Fee, per person, payable to Granlibakken:

Dorm/Bunk Room (4–12 people)	\$474
Pavilion Bunk Room (3–8 people).....	\$534
Doubles	\$744–\$858
Singles	\$984–\$1,188

There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

► Granlibakken Housing Cancellation Policy

After you are confirmed in the retreat, you must reserve your housing at Granlibakken with a deposit of \$100. Full housing payment is due 30 days prior to the start of the retreat.

- Cancel 31 days or more before the retreat: \$20 cancellation fee
- Cancel 30 days or less before the retreat: \$100 cancellation fee
- Cancel on or after the retreat start date: Two nights’ lodging charged



www.granlibakken.com



Asilomar Conference Center ~ Pacific Grove, CA

December 4–11, 2015

7-Night Retreat on the California Coast

Asilomar Conference Grounds, located on the shoreline of California’s Monterey Peninsula, is rich with history and scenic beauty. Its tranquil setting includes 107 acres of dunes, beach, and forest.



www.visitasilomar.com

▸ Accommodations

The rooms at Asilomar are very comfortable, and each includes a private bathroom. The main meeting room and some residential halls are wheelchair-accessible; please mention special needs to the Asilomar staff when you reserve your housing. Asilomar does not have camping facilities.

▸ Meals

The cost includes three meals per day, starting with dinner on the first day and ending with lunch on the last day. Vegetarian, gluten-free, and dairy-free options are available. Allergy or medical diets must be requested prior to your arrival. Asilomar requests that you do not bring food.

▸ Retreat Costs

Total Cost = Event Fee + Housing Fee

Event Fee, payable to Open Gate Sangha: \$525 per person.

Housing Fee, per person, payable to Asilomar:

Triples/Quads (limited)\$832–\$914

Double.....\$1,079

Singles (limited)\$1,652

Asilomar will accept housing applications after January 1, 2015. There is no “commuter” or camping option. *Housing costs and availability of housing types are not guaranteed.*

▸ Asilomar Housing Cancellation Policy

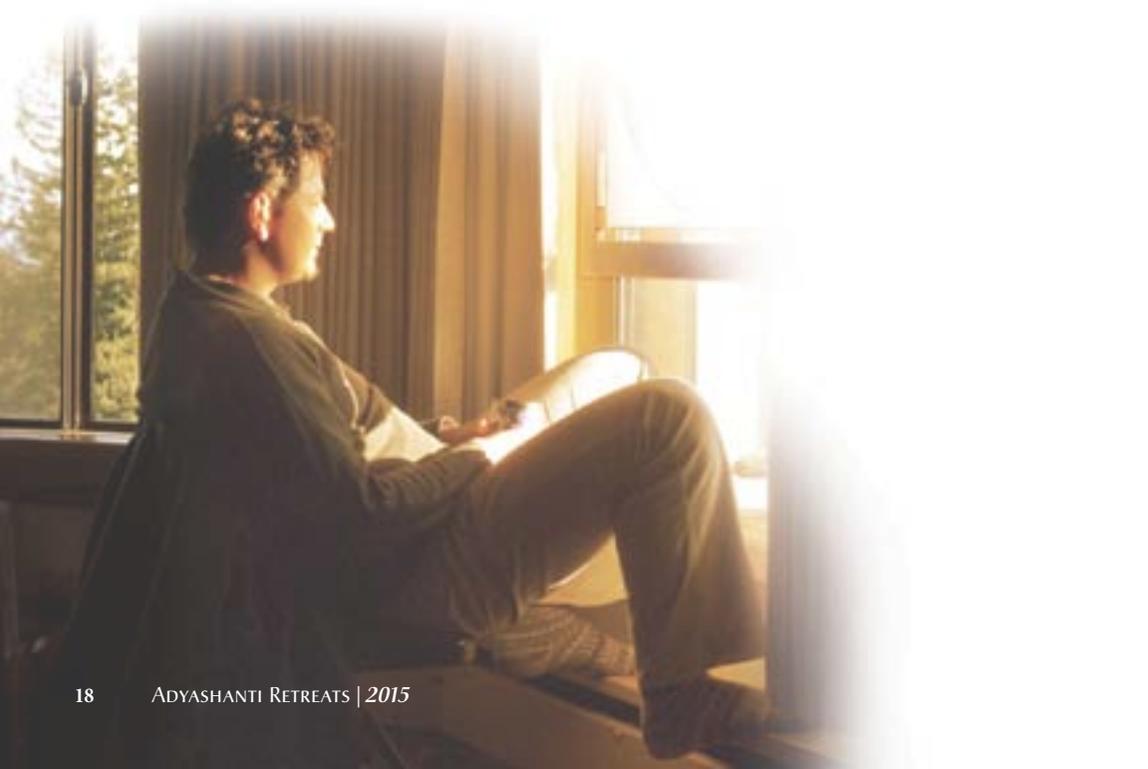
After you are confirmed in the retreat, you must re-serve your housing no later than 30 days prior to the retreat.

- Cancel 61 days or more before the retreat: \$50 cancellation fee
- Cancel 60 days or less before the retreat:

No refund of housing fee

INFORMATION & REGISTRATION

Attending a retreat can be a profoundly liberating event that both nurtures and challenges participants to dive deeply into themselves. Signing up for a retreat can be a big decision, and many find that the retreat experience begins the moment they submit their registration. The following pages will answer most of your questions about travel, special needs, scholarships, and how to register.



Preregistration Deadlines:

US ~ October 31, 2014 Europe ~ February 15, 2015

Important Information about the Preregistration Process

Adyashanti's retreats have limited space. For your best chance of getting into the retreat of your choice in 2015, submit your preregistration by the preregistration deadline.

Your preregistration will be pending until the preregistration deadline. At that time, if there is enough space in the retreat you have preregistered for, your registration will be confirmed. If the retreat has more preregistrations than spaces available, a random lottery will determine whether or not your registration is confirmed.



If you are confirmed in a retreat—Your payment will be processed, and you will receive a registration confirmation email by mid-November. Please do not contact the retreat site until you have received your confirmation. You will need to pay for your housing by the deadline noted on your confirmation email.

If you are not confirmed in a retreat—Your payment will not be processed, and you will automatically be placed on a waiting list for your chosen retreat. You will receive a waiting list notification by mid-November.

Retreat Confirmations

Retreat confirmations will be sent via email 2–3 weeks after the deadline. At that time, you can access your registration status and retreat information by logging into your member area at www.adyashanti.org. If you have not received a confirmation email after two weeks, please check your junk mail and spam folders.

Attendance Requirements

To attend a retreat with Adyashanti, you will be required to:

1. Pay the event fee to Open Gate Sangha.
2. Pay for housing. (See costs on pages 10–17.)
3. Arrive on time (check in before dinner on the first day of the retreat) and stay at the retreat site through the end of the retreat (just before lunch on the last day).

Waiting List

If you miss the retreat preregistration deadline, or if a retreat has filled, you can place your name on the waiting list at www.adyashanti.org two weeks after the preregistration deadline. You will then be on standby to attend the retreat if a participant cancels, and Open Gate Sangha will contact you to see if you still wish to attend.

Important to know:

1. We cannot guarantee if or when you might be called to attend retreat.
2. We will not be able to tell you your status on the waiting list.
3. You and a partner can both get on the waiting list, but not as a couple. Participants are called from the waiting list one at a time.
4. If you choose to attend the retreat, you must accept whatever housing is available.
5. Financial assistance is not available for people called from the waiting list.

Financial Assistance

Open Gate Sangha offers scholarships to retreats for those who need financial assistance. Scholarships are awarded based on a number of criteria, including availability of scholarship funds, applicant's financial need, and prior scholarships awarded to the applicant. We offer a limited number of scholarships and cannot guarantee an award to any individual.

Scholarship Options

There are two kinds of scholarships for retreats: A **Partial Scholarship** is an award equal to the event fee. Partial Scholarship recipients are responsible for reserving and paying for their housing with the retreat site. A **Full Scholarship** is an award

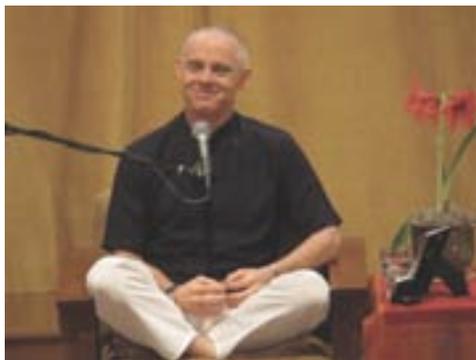
equal to the event fee plus the least expensive indoor housing fee. If Full Scholarship recipients require rooms of greater cost, they are responsible for paying the difference.

Applying for a Scholarship

If you choose to apply for a scholarship, do not pre-register for a retreat.

Complete details about scholarships, scholarship housing, and how to apply for a scholarship are found on the Retreat Scholarship Application form. Download it from the Events/Retreats area at www.adyashanti.org or request that a copy be sent to you.

The scholarship application deadline for all retreats in 2015 is the same as the preregistration deadline. If you miss this deadline, please wait and apply for a scholarship when retreats in 2016 are announced.



Donating to the Scholarship Fund

Many thanks to those who have contributed to Open Gate Sangha's Scholarship Fund. This support helps make it possible for many to attend retreats and intensives who otherwise would not be able to afford it.

To contribute to the Scholarship Fund, mail a check to the following address: **Open Gate Sangha, PO Box 112107, Campbell, CA 95011.**

Be sure to specify "Scholarship Fund" on your check. Open Gate Sangha, Inc. is a nonprofit, tax-exempt organization.

“There is in reality only one world, one reality which pervades all dimensions of existence and of human experience.”

Special Needs

For those who have special needs, the following information may be helpful when planning for a retreat:

- ▶ All retreat sites have some wheelchair-accessible housing options, and retreat meeting halls and dining buildings are wheelchair-accessible.
- ▶ All retreat sites have some accommodations that require using stairs or walking long distances, and not all paths are lit at night.
- ▶ Asilomar's jitney cart service is available for transporting special-needs guests onsite.
- ▶ Mount Madonna Center's tent camping and some cabins require walking up a hill and through a wooded area.

Although the retreat sites will make every reasonable effort to find the right accommodation for your needs, all housing for these events is "first come, first served." For this reason, we cannot guarantee that your specific requests will be met.

The structure of the retreat itself can be rigorous. Most days include several meditation sessions up to 40 minutes each, a 1-hour talk, and a 2-hour satsang.

If you need special assistance in order to be on retreat, please make all arrangements prior to arriving at the retreat. If it is not possible for you to participate within this format, we recommend attending a 1- or 2-day intensive instead. The schedule for intensives is less rigorous and does not require participants to maintain silence throughout the event.

Those who would like to experience the depth of retreat teachings but are unable to attend a retreat in person are encouraged to create their own retreat experience with one of the MP3 download sets recorded on retreat. See page 8.



► Cancellations

Cancellation Procedure

1. Notify Open Gate Sangha.
2. Notify retreat site (or Open Gate Sangha for retreats in Europe).

Cancellation Policy

Event Fee Cancellation Policy (Open Gate Sangha)

31 days or more before the retreat:

\$50 cancellation fee

30 days or less before the retreat:

No refund of Event Fee

Retreat registrations and fees are **not transferable** to other people or events.

Housing fee cancellation policies are specific to each retreat site. See pages 10–17.

Important: If you are confirmed to go on retreat and your housing fee payment is not received by the deadline indicated in your confirmation email, Open Gate Sangha reserves the right to cancel your retreat attendance and refund your event fee, minus a \$50 cancellation fee. Please notify Open Gate Sangha immediately if you need to cancel.



► How to Preregister

Option 1

Preregister ONLINE at www.adyashanti.org

For retreats in the US, submit your preregistration by **midnight, October 31, 2014**.

For retreats in Europe, submit your preregistration between **January 15, 2015 and midnight February 15, 2015**. Go to the Events/Retreats page to find the retreat you wish to attend. Credit cards are accepted online.

Online Preregistration Tips for Couples:

Here are a few helpful tips for those who wish to attend a retreat with a partner:

1. Before you begin the online preregistration process, make sure your partner is registered as a member at www.adyashanti.org with his or her own email address.
2. If your partner does not have his or her own email address, please submit your preregistration by mail.
3. You and your partner will be sent separate waiting list and/or registration confirmations by email 2–3 weeks after the deadline.

Option 2

Preregister by Mail

Postmarked by **October 31, 2014**.

Mail-in preregistration is available only for retreats in the US.

Send payment by check or money order only; credit card payments are not accepted by mail.

Individuals:

1. Use ONE form (on page 22) for all retreat requests.
2. For each retreat you wish to attend, write a separate check, payable to *Open Gate Sangha*.
3. Your check will be processed only when you are confirmed in a retreat.

Partners:

For two people who wish to attend a retreat together and do NOT wish to attend separately:

1. Use ONE form for all retreat requests.
2. Print BOTH participants' names and complete contact information on the same form.
3. For each retreat you wish to attend together, include a separate check for two times the event fee. Make check payable to *Open Gate Sangha*.

US Retreats Mail-In Preregistration Form

Preregistration Postmark Deadline: **October 31, 2014**

Please read the cancellation policy on page 21 and preregister only for the retreats you wish to attend. You will be charged for each retreat you get into (space permitting), subject to the cancellation policy.

Please read instructions on reverse and print legibly.

Name: _____ Male Female

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

Email: _____

This is a new/updated address, phone number, or email.

Partner Name: _____ Male Female

Partner Address: _____

City/State/Zip: _____

Partner Home Phone: _____

Partner Work Phone: _____

Partner Cell Phone: _____

Partner Email: _____

This is a new/updated address, phone number, or email.

► 2015 Event Fee Payments

Event fees are per person per retreat, payable to *Open Gate Sangha*. Include a **separate check** for each retreat. Sorry, no credit cards.

Feb. 8–13 / Mt. Madonna\$375 ... Check# _____ \$ _____

Apr. 17–24 / Garrison.....\$550 ... Check# _____ \$ _____

May 15–22 / Tahoe\$525 ... Check# _____ \$ _____

Aug. 9–14 / The Netherlands Preregister Online Only

Aug. 16–23 / England..... Preregister Online Only

Oct. 18–23 / Tahoe\$375 ... Check# _____ \$ _____

Dec. 4–11 / Asilomar\$525 ... Check# _____ \$ _____

► Housing Fee Payment

Housing fees will be payable when you are confirmed in a retreat.

► Planning for Retreat

Travel Arrangements

Once you have received a retreat attendance confirmation, you can begin planning your trip. If you are traveling by air, we recommend flying in before 1:30 PM on the first day of the retreat, and flying out after 4 PM on the last day of retreat. Information regarding airports, shuttles, and driving directions will be available online after your registration is confirmed.

Seating

The retreat centers will provide prearranged seating for silent sitting and satsang. Feel free to bring extra cushions or back supports. Do not bring your own chairs. You may bring backjacks or cushions for floor seating at Granlibakken, Woudschoten, and Woldingham.

Staying Extra Nights

Staying extra nights before or after the retreat is sometimes possible. Contact the retreat site directly for availability, after you have received your retreat confirmation.



Preregistration Options

Option 1

Preregister ONLINE at www.adyashanti.org

Submit your preregistration by midnight, October 31, 2014, or between January 15, 2015 and February 15, 2015 for retreats in Europe.

Option 2 (US Only)

Preregister by Mail

Postmarked by October 31, 2014:

Mail to:

Open Gate Sangha

PO Box 112107

Campbell, CA 95011

USA

RETREATS WITH MUKTI



Retreats with Mukti offer much the same structure and teaching principles as those with Adyashanti, while also offering intimate venues with fewer participants. In these smaller retreats, daily qi gong movement complements the periods of silent sitting. In her own teaching, Mukti brings flavors of feminine nurturing and quiet power as well as kinesthetic, visual, and precise pointers to Truth.

All of Mukti's retreats are registered on a first-come, first-served basis. For details and registration, visit the website listed under each retreat.

Mukti is the Associate Teacher of Open Gate Sangha. You can learn more about her and her teachings at www.muktisource.org.

SILENT RETREAT IN 2014

► 5-Night Retreat at Vajrapani

October 26–31, 2014 in Boulder Creek, CA

Details at www.muktisource.org

Event Fee: \$375 Housing: \$320–\$750*

SILENT RETREATS IN 2015

► 2-Night Retreat at Kripalu

February 20–22, 2015 in Stockbridge, MA

Details at www.muktisource.org

Event Fee: \$240 Housing: \$196–\$500*

► 6-Night Retreat at Vajrapani

April 18–24, 2015 in Boulder Creek, CA

Details at www.muktisource.org

Event Fee: \$450 Housing: \$384–\$900*

► 5-Night Retreat at Garrison

June 7–12, 2015 in Garrison, NY

Details at www.muktisource.org

Event Fee: \$400 Housing: \$575–\$750*

► 2-Night Retreat at Mount Madonna

November 13–15, 2015 in Watsonville, CA

Details at www.mountmadonna.org

Event Fee: \$275 Housing: \$74–\$310*

* Housing costs are estimated at the time of this printing and are subject to change.

*Revolutionary inquiry
is not meant for your
mind but for the
depths of Being.*

~ Mukti

2015 RETREATS

Adyashanti's retreats are announced once per year. This brochure contains information and registration details for all of Adyashanti's retreats in 2015 and highlights of Mukti's retreats in 2014–2015.

Adyashanti, author of *The Way of Liberation*, *Falling into Grace*, and *The End of Your World*, is an American-born spiritual teacher devoted to serving the awakening of all beings. His teachings are an open invitation to stop, inquire, and recognize what is true and liberating at the core of all existence.



The Open Gate Sangha organization supports the teachings of Adyashanti and Mukti by making them available to all who sincerely yearn for peace and freedom. Founded in 1996, the organization is run by a small staff and many dedicated volunteers. www.opengatesangha.org